Thriving During Change

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Change
Surface-Level
Level 1: Drive-by
Level 2: S, N, W
Level 3: Activities
Level 4: Intimacy
Intimacy
How are you feeling?

happy    embarrassed    scared    nervous    goofy    surprised

quiet    annoyed    cool    sad    tired    excited

bored    sick    frustrated    angry    funny    proud
OH..MY..GOD..BECKY,

LOOK AT HER BUTT
I am worthy
Authenticity
What is Possible?
Intention
Intention + Mechanism = Results
___% + ___% = 100%
*Level 4: Intimacy
*Authenticity
*Intention
QUESTIONS?
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